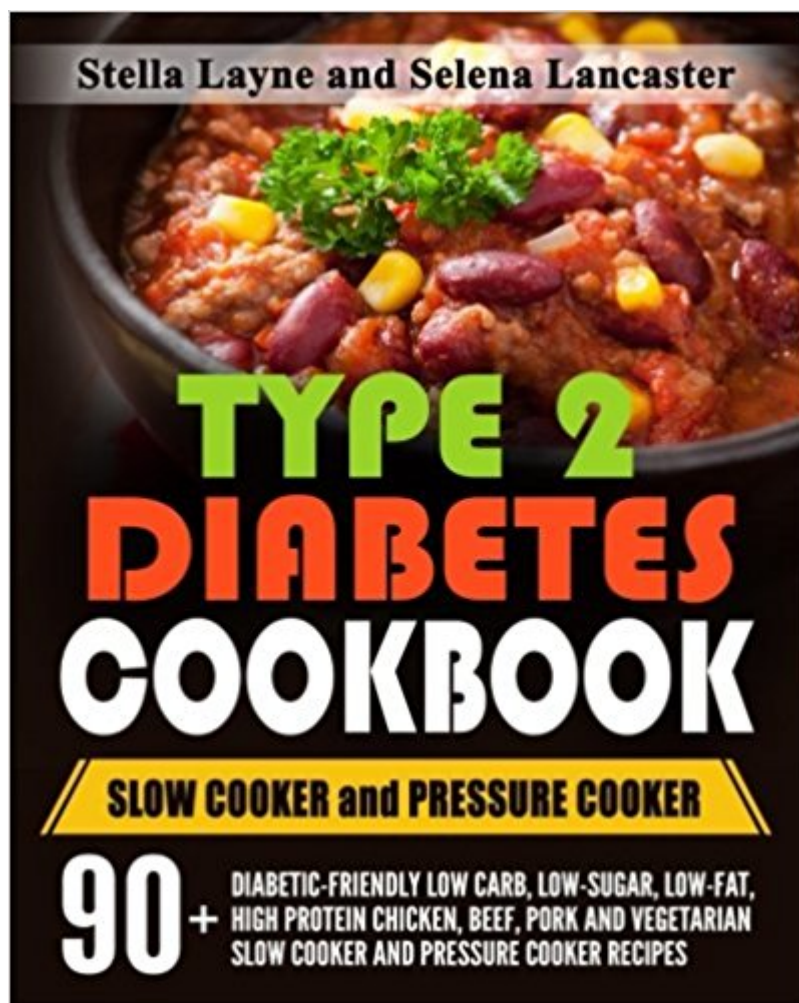


The book was found

Type 2 Diabetes Cookbook: SLOW COOKER And PRESSURE COOKER - 90+ Diabetic-Friendly Low Carb, Low-sugar, Low-Fat, High Protein Chicken, Beef, Pork And ... Pressure Cooker Recipes For Life Long Eating





Synopsis

90+ Diabetic-Friendly Low Carb, Low-sugar, Low-Fat, High Protein Chicken, Beef, Pork and Vegetarian Slow Cooker and Pressure Cooker Recipes that you can set and forget All recipes in this book are diabetic-friendly with under 30g carbs, 10g sugar and 10g fat per serving. Look at the list of recipes provided in this book below and see it for yourself.

SLOW COOKER RECIPES

BEEF RECIPES

Beef and Eggplant Casserole
Low Carb Pizza
Easy Swiss Steak
Orange Beef
Chinese Daikon Beef Stew
Asian Braised Beef
Traditional Texas Chili
Riceless Cabbage Roll
Classic Beef Stew
Shredded Beef Portobello Open Sandwich
Broccoli and Beef
Beef in Mushroom Sauce
Round Roast in Apple and Onion Sauce
Cuban Shredded Beef
Spicy Beef Roast

CHICKEN RECIPES

Buffalo Ranch Chicken
Creamy chicken with black beans
Creamy Mexican Chicken
Chicken Fajita Soup
Vinegar Shredded Chicken
BBQ Chicken
Sweet and sour chicken
Creamy Portobello Chicken
Chicken Cacciatore
Creamy Lime Chicken
Chicken and Kale Soup
White Chicken Chili
Fiesta Chicken Soup
Spinach Artichoke Chicken
Garlic Chicken
Parmesan
Curry Chicken
Mexican Turkey Casserole
Spicy Pepper Chicken
Simple Turkey Chili
Honey Mustard Chicken Stew
Herb Roasted Chicken with Vegetables
Jambalaya Chicken and Shrimps

PORK RECIPES

Ham and cauliflower stew
Crunchy German Schnitzel Chops
Pepper and Pork Chops
Teriyaki Pork Roast
Italian Pull Pork
Country Style pork loin
Mexican Pull Pork
Cranberry-Apricot Pork Roast
Pork chili
Pork Carnitas
Tuscan Pork with Fennel

VEGETARIAN RECIPES

Miso Tofu and Shallots
Vegetable and Bean Soup
Zucchini Lasagna

PRESSURE COOKER RECIPES

CHICKEN RECIPES

Southwest Taco Chicken Soup
Indian Chicken Tikka Masala
Chicken Mushroom Stew
Italian Braised Chicken
Nigerian Chicken and Tomato Stew
Creamy Buffalo Chicken Soup
Chicken, Bacon and Lentil Stew
Thai Green Curry with Chicken
Spicy Jamaican Chicken
Hearty Black Bean and Chicken Stew

BEEF RECIPES

Beef and Chorizo Chilli
Granny's Beef Stew
Creamy Cheeseburger Soup
Traditional Swiss Steak with Peppers
Beef Tenderloin with Madeira Sauce
Fall-apart Round Roast
Cola Beef Roast
French Beef Bourguignon with Red Wine
Mexican Beef Stew
French Onion Soup with Beef
Round Roast with Barbecue Sauce

PORK RECIPES

Pork with Creamy Mushroom Sauce
Spicy and Sour Pork Vindaloo
Braised Pork with Red Wine
Creamy Dijon Pork Tenderloin
Skinny Barbecue Pork
Colorado Chilli Verde with Pork
Mexican Pork Carnitas
Taco Salsa
Pork Stew
Pork and Squash Stew

FISH/SEAFOOD RECIPES

Salmon Fillets in White Wine Sauce
Creamy Clam Chowder
Mussels with Chilli Tomato Sauce
Mussels with Brandy Sauce
Mediterranean Scallops
Seafood in Marinara Sauce
Beer Shrimp
Lemon Wine Steamed Clams
Tomato and Caper Cod
Lemon Rosemary Salmon
Mussels with Beer and Chorizo Sauce

Grab this new cookbook today and discover how you can still enjoy your food. Don't take a pass on

these wonderful recipes!

Book Information

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Customer Reviews

Having diabetes is such a hard thing to cure and there are a lot of medicines that needed to be taken. In our family, we are prone of having type 2 diabetes and most of us are overweight. Our doctor said that we should more focus on losing weight and also avoid in going out and eating fast food chains because it can also cause kidney failures and other diseases. The recipe book contains more proteins and rich in vitamins which is a must to us. I learned a lot of new recipes here!

The book is awesome well written and easy to understand. I get this book for my uncle to serve him healthy and delicious food which is also heal in diabetes. The book is an interesting guide so I feel that this is a big value addition in my cooking skills thanks.

Just the book I was looking for. The recipes not only sounds delicious but are delicious! The nutrition counts are rich information that all diabetic needs to help decide what to eat, when to eat, and how much to eat. A wealth of information! Thanks!!!

By reading this book I have learned more from this book. That book topic is really very helpful for all of them who wants to know about that. I would highly recommended to read this book everyone. I am a cardiac surgeon. I have been performing coronary bypasses for 20 years. Type 2 diabetes keeps

me in business. I will offer this book to all my patients and their families and I will test them.... the recipes are great!

My father in law has a diabetes. I think this book will be very ideal for him. It has great recipes perfect to reduce and prevent diabetes. The recipes are easy to follow as well. Recommended

All formulas in this book are diabetic-accommodating with under 30g carbs, 10g sugar and 10g fat for every serving. The formula book contains more proteins and rich in vitamins which is an absolute necessity to us. The book has been pressed with important points of interest and in addition the entire formula guides.

This book has everything you need in one place, and the information builds on itself in a really helpful way. This Type 2 Diabetes Cookbook is really nice, and a lot of new quick and easy Paleo slow cooker recipes. This guidebook has a comprehensive clean eating meal plan and saves time in a kitchen. The book is an interesting guide so I feel that this is a big value addition in my cooking skills thanks. Great book. Type 2 Diabetes Cookbook is an amazing book.

Wow I just got this and must say I'm getting hungry and mouth is watering! Shredded Cuban beef, German Schnitzel, all types of ethnic and vegetarian dishes too. Outstanding collection - i'm getting ready to dive in and make the Cuban Beef tomorrow! Can't wait!

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